Week At a Glance



Sunday, October 13	Monday, October 14	Tuesday, October 15	Wednesday, October 16	Thursday, October 17	Friday, October 18	Saturday, October 1
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Breakfast Assorted Juice	Breakfast Assorted Juice	Breakfast Assorted Juice	Breakfast Assorted Juice	Breakfast Assorted Juice	Breakfast Assorted Juice	Breakfast Assorted Juice
		-				
Choice of Hot or Cold Cereal	Choice of Hot or Cold Cereal	Choice of Hot or Cold Cereal	Choice of Hot or Cold Cereal	Choice of Hot or Cold Cereal	Choice of Hot or Cold Cereal	Choice of Hot or Cold Ceres
Egg of Choice	Egg of Choice	Egg of Choice	Egg of Choice	Egg of Choice	Egg of Choice	Egg of Choice
Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs
Sausage Patty	Sausage Patty	Sausage Patty	Sausage Patty	Sausage Patty	Sausage Patty	Sausage Patty
Bacon	Bacon	Bacon	Bacon	Bacon	Bacon	Bacon
Pancake	Pancake	Pancake	Pancake	Pancake	Pancake	Pancake
French Toast	French Toast	French Toast	French Toast	French Toast	French Toast	French Toast
Margarine/Syrup	Margarine/Syrup	Margarine/Syrup	Margarine/Syrup	Margarine/Syrup	Margarine/Syrup	Margarine/Syrup
Fresh Fruit Cup	Fresh Fruit Cup	Fresh Fruit Cup	Fresh Fruit Cup	Fresh Fruit Cup	Fresh Fruit Cup	Fresh Fruit Cup
Milk/Beverage	Milk/Beverage	Milk/Beverage	Milk/Beverage	Milk/Beverage	Milk/Beverage	Milk/Beverage
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Tomato Soup	Split Pea Soup	Corn Chowder	Italian Wedding Soup	Broccoli Cheese Soup	Potato Soup	Vegetable Soup
House Salad/Dressing	House Salad/Dressing	House Salad/Dressing	House Salad/Dressing	House Salad/Dressing	House Salad/Dressing	House Salad/Dressing
Egg Salad on Croissant	Grilled Italian Sausage Sub with Peppers & Onions	BBQ Chicken Breast on Bun	Steak Fajitas Wrapped	Grilled Chicken Cob Salad with Bacon, Hard Boiled Egg &	BLT Sandwich	Push Cart Hot Dog
Mixed Berries	Zucchini Fries	Macaroni Salad	Nacho Chips & Salsa	Cheddar Cheese	Potato Salad	Chili
Potato Chips	Mandarin Oranges	Green Beans w/Pimento & Onion	Tomato Pico Salad		Marinated Cucumbers	Shredded Cheddar Cheese
Banana Cream Pie						
	Frosted Chocolate Cupcake	Pudding Parfait	Apple Churros	Mandarin Orange Gelatin	German Chocolate Cake	Braised Sauerkraut
						Potato Chips
						Pickle Chips
						Ice Cream Sandwich
Supper	Supper	Supper	Supper	Supper	Supper	Supper
Cream of Mushroom Soup	Chili	Lentil Soup	Minestrone Soup	Mushroom & Barley Soup	Boston Clam Chowder	French Onion Soup
House Salad/Dressing	House Salad/Dressing	House Salad/Dressing	House Salad/Dressing	House Salad/Dressing	House Salad/Dressing	House Salad/Dressing
Rosemary Roasted Chicken	Flank Steak	Stuffed Cabbage Roll	Breaded Eggplant Parmesan	Roast Beef	Battered Shrimp	Salisbury Steak
Breast Scalloped Potatoes	******	*****	******	Roast Turkey Breast	******	******
Squash	Shrimp Scampi	Breaded Chicken Breast Stewed Tomato Sauce	Grilled Chicken Parmesan	Mashed Potatoes & Gravy	Battered Cod	Swedish Turkey Meatballs w/Sauce
Carrot Cake w/Cream Cheese	Roasted Potatoes	Sugar Beets	Italian Tomato Sauce	Mixed Vegetables	Potato Wedges	Macaroni & Cheese
Frosting				In	here is no in the second of th	Buttered Corn
Frosting	Green Beans	Buttered Egg Noodles	Penne Pasta	Banana Bread	Hush Puppies	Buttered Corn
Frosting	Green Beans Pumpkin Pie	Buttered Egg Noodles Angel Food Cake	Penne Pasta California Blend Vegetables	Banana Bread	Coleslaw	Chef's Choice Dessert

Dietitian: Mary Roberson

RD, LD CDR#: 13835 4/29/2024

Mary C. Roboson Dow

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The meal items shown are those served on a Regular Diet. If your physician has ordered for you a Therapeutic or Texture Altered Diet, you may be served a different menu item, a different portion of the