Week At a Glance



Sunday, October 20	Monday, October 21	Tuesday, October 22	Wednesday, October 23	Thursday, October 24	Friday, October 25	Saturday, October 26
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Assorted Juice	Assorted Juice	Assorted Juice	Assorted Juice	Assorted Juice	Assorted Juice	Assorted Juice
Choice of Hot or Cold Cereal	Choice of Hot or Cold Cereal	Choice of Hot or Cold Cereal	Choice of Hot or Cold Cereal	Choice of Hot or Cold Cereal	Choice of Hot or Cold Cereal	Choice of Hot or Cold Cereal
Egg of Choice	Egg of Choice	Egg of Choice	Egg of Choice	Egg of Choice	Egg of Choice	Egg of Choice
Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs
Sausage Patty	Sausage Patty	Sausage Patty	Sausage Patty	Sausage Patty	Sausage Patty	Sausage Patty
Bacon	Bacon	Bacon	Bacon	Bacon	Bacon	Bacon
Pancake	Pancake	Pancake	Pancake	Pancake	Pancake	Pancake
French Toast	French Toast	French Toast	French Toast	French Toast	French Toast	French Toast
Margarine/Syrup	Margarine/Syrup	Margarine/Syrup	Margarine/Syrup	Margarine/Syrup	Margarine/Syrup	Margarine/Syrup
Fresh Fruit Cup	Fresh Fruit Cup	Fresh Fruit Cup	Fresh Fruit Cup	Fresh Fruit Cup	Fresh Fruit Cup	Fresh Fruit Cup
Milk/Beverage	Milk/Beverage	Milk/Beverage	Milk/Beverage	Milk/Beverage	Milk/Beverage	Milk/Beverage
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Tomato Soup	Split Pea Soup	Corn Chowder	Chicken Noodle Soup	Broccoli Cheese Soup	Potato Soup	Vegetable Soup
House Salad/Dressing	House Salad/Dressing	House Salad/Dressing	House Salad/Dressing	House Salad/Dressing	House Salad/Dressing	House Salad/Dressing
Baked Potato Bar w/Choice Of:	Fried Chicken & Waffles	Gyro	Mushroom Swiss Burger on Bun	Marinated Grilled Flank Steak over Caesar Salad	Crispy Chicken Wings	Italian Sub
Chili or	Watermelon	Lemon Garlic Orzo Salad	Hashbrown	Over Gaesar Galag	Buffalo Sauce	Rotini Pasta Salad
Chicken & Broccoli		Pickled Vegetables	Cucumber & Tomato Salad	Mandarin Orange Gelatin	BBQ Sauce	Breaded Zucchini Sticks
Cheese Sauce	Donut	Apple Spice Cake	Chef's Choice Dessert		Carrot & Celery Sticks	Ice Cream Sandwich
Melon					Apple Pie	
Pound Cake						
Supper	Supper	Supper	Supper	Supper	Supper	Supper
Creamy Mushroom Soup	Chili	Tomato Basil Bisque	Minestrone Soup	Mushroom & Barley Soup	Boston Clam Chowder	French Onion Soup
House Salad/Dressing	House Salad/Dressing	Caesar Salad	House Salad/Dressing	House Salad/Dressing	House Salad/Dressing	House Salad/Dressing
Meatloaf	Chicken Kiev	Roasted Chicken Quarter	Chicken Cacciatore	Cheese Tortellini with Sauce	Breaded Flounder	General Tso's Chicken Nugge
Mashed Potatoes	*******	*******	Roasted Potatoes, Onions &	******	******	
Buttered Carrots	Old Bay Shrimp	Three Potato Medley	Peppers ************************************	Turkey Meatballs w/Sauce	Battered Cod	******
Dattorea Carrots		Green Beans & Carrots	Bow Ties with Italian Sausage	Roasted Sweet Potato Cubes	Potato Wedges	Vegetable Egg Roll
	Rice Pilaf	Green beans & Carrois				
	Sweet Roasted Brussels	Gleen beans & Carrois	and Marinara Sauce Peas & Carrots	Sauteed Spinach	Coleslaw	Fried Rice
Cheesecake		Tiramisu		Sauteed Spinach Cinnamon Coffee Cake	Coleslaw Eclair	Fried Rice Asian Vegetables
	Sweet Roasted Brussels Sprouts		Peas & Carrots			

Dietitian: Mary Roberson

RD, LD CDR#: 13835

4/29/2024

Mary C. Roborn Dow

. vari эресіа

The meal items shown are those served on a Regular Diet. If your physician has ordered for you a Therapeutic or Texture Altered Diet, you may be served a different menu item, a different portion of the