

# HAMLET

— AT CHAGRIN FALLS —

## Week FOUR Life Enrichment Calendar December 2024

### Sunday, December 22<sup>nd</sup>

- 9:00 Daily Chronicle - Atrium ■
- 9 - 12:00 Lutheran/Federated Services/YouTube - Multi. Rm ▲
- 9:30 Exercise Video - Atrium ♥
- 9:30 Transportation to Religious Services** ▲
- 10:00 Catholic Service/YouTube in the Atrium ▲
- 10:00 1-on-1 visits - Atrium Apts. ◆
- 10:45 Studio Art in the Atrium ■
- 1:00 - 1:30 Chair Yoga w/Mary Louise Deehr - Multi. Rm** ♥
- 1:30 Scenic Drive**
- 1:45 - 2:15 Cordials - Atrium** ◆
- 2:30 Pet Visit w/Clooney - Atrium** ●
- 3:00 - 3:30 Bingo - Multi. Rm ■
- 3:30 Puzz. & Monopoly - Atrium ■
- 4:00 Ted Talks - Multi. Rm ◆

### Monday, December 23<sup>rd</sup>

- 9:00 Daily Chronicle - Atrium ■
- 9:30 Exercise - Atrium ♥
- 10:00 Walking Club - Atrium ♥
- 10:15 Exercise - Clubhouse ♥
- 10:30 Music w/Diane - Atrium** ◆
- 1:00 Hydration Station - Atrium Apts. ◆
- 1:00 Trip to Village (\*\*\*)** ◆
- 2:00 Sing-along & Chair Dancing w/Toni - Atrium** ◆
- 2:00 Mahjong - Atrium Library ■
- 2:45 Cleveland Sports Talk in the Atrium** ●
- 3:15 Volleyball in the Atrium ♥
- 3:30 Puzzles & Trivial Pursuit - Atrium ■
- 5:30 Local TV News - Atrium ■

**(\*\*\*) Call Phil at 330-998-1417 for a seat 48 hours in advance**

### Tuesday, December 24<sup>th</sup>

- #### **Christmas Eve**
- 9:00 Daily Chronicle - Atrium ■
  - 9:30 Stretching in the Atrium ♥
  - 10:00 Book Club - Clubhouse** ■
  - 10:00 Quarter Bingo - Atrium ■
  - 10:30 Pet visit w/Ivy - Atrium** ◆
  - 10:30 Stretching - Clubhouse ♥
  - 11:00 Top Songs 1948 - Atrium ◆
  - 1:00 Tai Chi with Legacy Therapy at the Clbse** ♥
  - 1:00 Hydration St. - Atrium Apts ◆
  - 1:00 Atrium Resident Council - Multi. Rm** ◆
  - 2:00 Bridge - Multi. Rm ■
  - 2:00 Christmas Music with Steve Radecky - Atrium**
  - 3:00 - 4:00 Happy Hr - Atrium** ◆
  - 4:00 Puzzles & Uno - Atrium ■
  - 6:00 Brain Games - Atrium ■

### Wednesday, December 25<sup>th</sup>














- #### **Christmas Day**
- #### **Hanukkah Begins in Evening**
- 9:00 Daily Chronicle - Atrium ■
  - 9:30 Exercise in the Atrium ♥
  - 10:00 Donuts & Coffee - Atrium** ■
  - 10:15 Exercise in the Clubhouse ♥
  - 11:00 Christmas Trivia - Atrium ■
  - 1:00 Piano & Sing-along with Jean in the Atrium** ◆
  - 2:00 Movie "Elf" in the Multipurpose Room** ◆



**Merry Christmas!**

**Thursday, December 26<sup>th</sup>**

**Kwanzaa Begins**

- 9:00 Daily Chronicle - Atrium 
- 9:15 - 9:50 St. Joan of Arc Catholic Communion Service & Rosary - Multipurpose Rm** 
- 9:30 Chair Yoga in the Atrium** 
- 10:00 Bible Study - Mult. Rm** 
- 10:00 - 10:30 Bingo - Atrium 
- 10:30 Stretching - Clubhouse 
- 11:00 Name That Tune - Atrium 
- 1:00 Hydration St. - Atrium Apts 
- 2:30 - 3:00 Ice Cream - Atrium 
- 3:00 Scrabble - 3<sup>rd</sup> Flr Act. Area 
- 3:00 Men's Group - Clubhouse 
- 3:30 Puzz. & Games - Atrium 
- 5:30 Movie - "Miracle on 34<sup>th</sup> Street" - Multi. Rm** 

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**Friday, December 27<sup>th</sup>**

- 9:00 Daily Chronicle - Atrium 
- 9:30 Exercise in the Atrium 
- 10:00 Beautiful Bisque Ceramics with Erica - Multi. Rm** 
- 10:15 Exercise in the Clubhouse 
- 10:30 Pet Visit w/Layla - Atrium** 
- 11:00 Trivia in the Atrium 
- 11:30 - 12:15 Two Dollar Lunch in the Clubhouse** 
- 1:00 Trip to Cowboys for Drinks (\*\*\*)** 
- 1:00 Hydration S. - Atrium Apts. 
- 1:30 Piano Music with Ilya in the Atrium** 
- 3:00 Cookies - Atrium** 
- 3 - 4 Happy Hour - Clubhse** 
- 3:30 Puzzles & Boggle - Atrium 
- 4:00 YouTube A&E Biography "Burt Bacharach" - Multi. Rm 

**Saturday, December 28<sup>th</sup>**

- 9:00 Daily Chronicle - Atrium 
- 9:30 Trip to Chagrin Library** 
- 9:30 Exercise Video - Atrium 
- 10:15 Tea & Muffins - Atrium 
- 11:00 Hangman - Atrium 
- 1:00 - 1:30 Chair Yoga w/Mary Louise Deehr - Multi. Rm** 
- 2:00 YouTube Travelogue - Portugal - Multi. Rm 
- 2:00 Trip to Village (\*\*\*)** 
- 2:00 Ring Toss - Atrium 
- 3:00 - 4:00 Happy Hr - Atrium** 
- 3:30 Puzzles & Check. - Atrium 
- 6:00 Saturday Movie - "Somewhere in Time" - Multipurpose Rm** 



**Hanukkah – Dec. 25 - Jan. 2**

**Kwanzaa – Dec. 26 - Jan. 1**

**ACTIVITY KEY CODE**

-  = Intellectual Wellness
-  = Social Wellness
-  = Physical Wellness
-  = Spiritual Wellness
-  = Emotional Wellness