

HAMLET











— AT CHAGRIN FALLS —

Week FOUR Life Enrichment Calendar January 2025



Wednesday, January 22nd

- 9:00 Daily Chronicle - Atrium 
- 9:30 Exercise in the Atrium 
- 10:00 Walking Club - Atrium 
- 10:15 Exercise - Clubhouse 
- 10:30 Crafts - Multipurpose Rm 
- 1:00 Knitting Together in the Multipurpose Rm 
- 1:00 Hydration St.- Atrium Apts 
- 1:00 Trip to Village (***) 
- 1:30 Music with Ted Litchney in the Atrium** 
- 3:00 Pet Visit with Quincy in the Atrium** 
- 3:15 Volleyball in the Atrium 
- 3:30 Puzzles & LRC -Atrium 
- 6:00 - 6:30 Family Night - Hot Chocolate & Shortbread Cookies - Atrium** 

Thursday, January 23rd

- 9:00 Daily Chronicle - Atrium 
- 9:15 - 9:50 St. Joan of Arc Catholic Communion Service & Rosary - Multipurpose Rm** 
- 9:30 Chair Yoga in the Atrium** 
- 10:00 - 10:30 Bingo - Atrium 
- 10:00 - 11:30 CWRU -Three Major Revolutions - 1st Class - Clubhouse** 
- 11:00 Name That Tune - Atrium 
- 1:00 Ch. Yoga w/Mary Jo - Clb** 
- 1:00 Hydration St. - Atrium Apts 
- 2:00 - 2:30 Ice Cream - Atrium
- 3:00 Scrabble - 3rd Flr Act. Area 
- 3:00 Men's Group - Clubhouse 
- 3:30 Puzz. & Games - Atrium 
- 5:30 Movie - "Green Book" in the Multi. Rm** 

Friday, January 24th















- 9:00 Daily Chronicle - Atrium 
- 9:30 Exercise in the Atrium 
- 10:00 Beautiful Bisque Ceramics with Erica - Multi. Rm** 
- 10:15 Exercise in the Clubhouse 
- 10:30 Pet Visit w/Layla - Atrium** 
- 11:00 Trivia in the Atrium 
- 11:30 - 12:15 Three Dollar Lunch in the Clubhouse** 
- 1:00 Trip to Cowboys for Drinks (***)** 
- 1:00 Hydration S. - Atrium Apts. 
- 2:00 Music with Jill Hayman in the Atrium** 
- 3:00 Cookies - Atrium** 
- 3 - 4 Happy Hour - Clubhse** 
- 3:30 Puzzles & Boggle - Atrium 
- 4:00 YouTube A&E Biography "John Cleese" - Multi. Rm 

Saturday, January 25th

- 9:00 Daily Chronicle - Atrium 
- 9:30 Trip to Chagrin Library** 
- 9:30 Exercise Video - Atrium 
- 10:15 Tea & Muffins - Atrium 
- 11:00 Hangman - Atrium 
- 1:00 - 1:30 Chair Yoga w/Mary Louise Deehr - Multi. Rm** 
- 2:00 YouTube Travelogue - Vietnam - Multi. Rm 
- 2:00 Trip to Village (***)** 
- 2:00 Ring Toss - Atrium 
- 3:00 - 4:00 Happy Hr - Atrium** 
- 3:30 Puzzles & Check. - Atrium 
- 6:00 Saturday Movie - "Mission Impossible" - Multipurpose Rm** 

(***) Call Phil at 330-998-1417 for a seat 48 hours in advance











Sunday, January 26th

- 9:00 Daily Chronicle - Atrium 
9 - 12:00 Lutheran/Federated
Services/YouTube - Multi. Rm 
9:30 Exercise Video - Atrium 
**9:30 Transportation to
Religious Services** 
10:00 Catholic Service/YouTube
in the Atrium 
10:00 1-on-1 visits - Atrium Apts. 
10:45 Studio Art in the Atrium 
**1:00 - 1:30 Chair Yoga w/Mary
Louise Deehr - Multi. Rm** 
1:30 Scenic Drive 
**1:30 Sing-along with Rory in
the Atrium** 
**2:30 Pet Visit w/Clooney -
Atrium** 
3:00 - 3:30 Bingo - Multi. Rm 
3:30 Puzz. & Monopoly - Atrium 
4:00 Ted Talks - Multi. Rm 

Monday, January 27th

- 9:00 Daily Chronicle - Atrium 
9:30 Exercise - Atrium 
10:00 Walking Club - Atrium 
**10 - 12:00 Journal Writing
Class (#4) with Jenny
Clark - Multi. Rm** 
10:15 Exercise - Clubhouse 
1:00 Hydration St. - Atrium Apts 
1:00 Trip to Village (*)** 
**2:00 Sing-along & Chair
Dancing w/Toni - Atrium** 
**2:00 Program w/the Chagrin
Falls History Center - Clbs** 
2:00 Mahjong - Atrium Library
**2:45 Cleveland Sports Talk
in the Atrium** 
3:15 Volleyball in the Atrium 
3:30 Puzz. & Triv.P. - Atrium 
5:30 Local TV News - Atrium 
7:00 Chagrin Investors Club
Meeting - Multi. Rm 






Tuesday, January 28th

- 9:00 Daily Chronicle - Atrium 
**9:00 Trip to Cleveland
Museum of Art** 
9:30 Stretching in the Atrium 
10:00 Quarter Bingo - Atrium 
10:00 Bible Study - Multi. Rm
10:30 Stretching - Clubhouse 
11:00 Top Songs 1953 - Atrium 
**1:00 Tai Chi with Legacy
Therapy at the Clbse** 
1:00 Hydration St. - Atrium Apts 
**1:00 Atrium Resident
Council - Multi. Rm** 
2:00 Bridge - Multi. Rm 
3:00 - 4:00 Happy Hr - Atrium 
4:00 Puzzles & Uno - Atrium 
6:00 Brain Games - Atrium 

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ACTIVITY KEY CODE

-  = Intellectual Wellness
 = Social Wellness
 = Physical Wellness
 = Spiritual Wellness
 = Emotional Wellness