

# HAMLET














— AT CHAGRIN FALLS —

## Week FOUR Life Enrichment Calendar July 2024

### Monday, July 22<sup>nd</sup>

9:00 Daily Chronicle - Atrium   
 9:30 Exercise - Atrium   
 10:00 Walking Club - Atrium   
 10:15 Exercise - Clubhouse   
**10:30 Piano with Diane in the Atrium**   
 1:00 1-on-1 visits - Atrium Apts.   
**1:00 Trip to Village (\*\*\*)**   
**2:00 Sing-along & Chair Dancing w/Toni - Atrium**   
 2:00 Mahjong - Atrium Library   
 3:00 Wii Bowling - Multip. Rm   
 3:15 Volleyball in the Atrium   
 3:30 Puzz. & Triv. Pur.- Atrium   
 7:00 Chagrin Investors Club   
 Mtg (Private Mtg) - Library

### Tuesday, July 23<sup>rd</sup>

9:00 Daily Chronicle - Atrium   
**9:00 Trip to the Cleveland Museum of Art (\*\*\*)**   
 9:30 Stretching in the Atrium   
 10:00 Quarter Bingo - Atrium   
 10:30 Stretching - Clubhouse   
 11:00 Top Songs 1954 - Atrium   
**1:00 Tai Chi w/Legacy - Clbse**   
**1:00 Atrium Resident Council - Multi. Rm**   
**2:00 Through the Eyes of the Artist with Felicia “Frederic Rennington” - Clbs**   
 2:00 Bridge - Atrium Library   
**3:00 - 4:00 Happy Hr - Atrium**   
 4:00 Puzzles & Uno - Atrium   
 6:00 Brain Games - Atrium 

### Wednesday, July 24<sup>th</sup>

**Legacy Therapy Carnival**  
 9:00 Daily Chronicle - Atrium   
 9:30 Exercise in the Atrium   
 10:15 Exercise in the Clubhouse   
**10:15 Crafts - Multipurpose Rm**   
 11:00 Walking Club - Atrium   
**1:00 Meditation with Peggy in the Clubhouse**   
 1:00 Knitting Together - M. Rm   
**1:00 Trip to Village (\*\*\*)**   
 1:00 1-on-1 visits - Atrium Apts.   
**1:00 Music with Rey Rangel in the Atrium**   
**2:00 - 4:00 Legacy Therapy Carnival in the Atrium**   
**3:00 Pet Visit w/Quincy in the Atrium**   
**6 - 6:30 Family Night - Ice Cream Sundaes - Atrium** 

### Thursday, July 25<sup>th</sup>














9:00 Daily Chronicle - Atrium   
**9:15 - 9:50 St. Joan of Arc Catholic Communion Service & Rosary - Multipurpose Rm**   
 9:30 Chair Yoga in the Atrium   
**9:30 Trip to Miles Market &**   
**10:00 Bible Study - Mult. Rm**   
**10:00 Food Com. Mtg - Library**   
 10:00 - 10:30 Bingo in the Atrium   
**10:00 Walking Club - Clubhse**   
**10:00 CWRU Class “The Black Plague & The Renaissance” 7<sup>th</sup> Class in the Clubhouse**   
 11:00 Name That Tune - Atrium   
**1:00 Ch. Yoga w/Mary - Clbse**   
**3:00 Music with “The Wise Guys” in the Atrium**   
**5:15 Depart for Concert at Riverside Park to see “Perfect Choice” (\*\*\*)** 

(\*\*\*) Call Phil at 330-998-1417  
for a seat 48 hours in advance











**Friday, July 26<sup>th</sup>**

**Summer Olympics**

**Opening Ceremony**















- 9:00 Daily Chronicle - Atrium 
- 9:30 Exercise in the Atrium 
- 10:00 Beautiful Bisque Ceramics with Erica - Multi. Rm** 
- 10:00 Hearing Check with Kandare - Library**
- 10:15 Exercise in the Clubhouse 
- 11:00 Trivia in the Atrium 
- 11:30 - 12:15 Two Dollar Lunch in the Clubhouse** 
- 1:00 Trip to Sharon James Cellars Winery** 
- 1:00 Guess Who I Am? - Atrium 
- 2:00 Nature Documentary "Lord Howe's Island" - Clbse 
- 2:00 Music with Erny Nunez in the Atrium** 
- 3 - 4 Summer Olympics Happy Hour - Atrium** 
- 3:30 Puzzles & Boggle - Atrium 
- 4:00 YouTube A & E Biography "Milton Hershey" - Multi. Rm 

**Saturday, July 27<sup>th</sup>**

- 9:00 Daily Chronicle - Atrium 
- 9:30 Trip to Chagrin Library** 
- 9:30 Exercise Video - Atrium 
- 9:30 1-on-1 visits - Atrium Apts. 
- 10:15 Tea & Muffins - Atrium 
- 11:00 Out to Lunch to Cowboys (\*\*\*)** 
- 11:00 Hangman - Atrium 
- 1:00 - 1:30 Chair Yoga w/Mary Louise Deehr - Multi. Rm** 
- 2:00 YouTube History Doc. "Lost Worlds" The Seven Worlds" - Multip. Rm 
- 2:00 Trip to Village (\*\*\*)** 
- 2:00 Ring Toss - Atrium 
- 3:00 - 4:00 Happy Hr - Atrium** 
- 3:30 Puzzles & Checkers - Atrium 
- 6:00 Saturday Night at the Movies "West Side Story" - Multi. Rm** 


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**Sunday, July 28<sup>th</sup>**

- 9:00 Daily Chronicle - Atrium 
- 9 - 12:00 Lutheran/Federated Services/YouTube - Mult. Rm 
- 9:30 Exercise Video - Atrium 
- 9:30 Transportation to Religious Services** 
- 10:00 Catholic Service/YouTube in the Atrium 
- 10:00 1-on-1 visits - Atrium Apts. 
- 10:45 Studio Art in the Atrium 
- 1:00 - 1:30 Chair Yoga w/Mary Louise Deehr - Multi. Rm** 
- 1:00 Depart for CVLT to see "The Prom" (\*\*\*)** 
- 1:45 - 2:15 Cordials & Chocolates - Atrium** 
- 2:30 Pet Visit w/Clooney in the Atrium** 
- 3:00 - 3:30 Bingo - Atrium 
- 3:30 Puzz. & Monopoly - Atrium 
- 4:00 Ted Talks - "How Dogs Love Us" - Multi. Rm 

**Summer time!**

**ACTIVITY KEY CODE**

-  = Intellectual Wellness
-  = Social Wellness
-  = Physical Wellness
-  = Spiritual Wellness
-  = Emotional Wellness