

Week FOUR Life Enrichment Calendar July 2024

9:00 Daily Chronicle - Atrium 9:30 Exercise - Atrium 10:00 Walking Club - Atrium 10:15 Exercise - Clubhouse 10:30 Piano with Diane in the Atrium 1:00 1-on-1 visits - Atrium Apts. 1:00 Trip to Village (***) 2:00 Sing-along & Chair Dancing w/Toni - Atrium 2:00 Mahjong - Atrium Library 3:00 Wii Bowling - Multip. Rm

3:15 Volleyball in the Atrium

7:00 Chagrin Investors Club

3:30 Puzz. & Triv. Pur.- Atrium

Mtg (Private Mtg) - Library

9:00 Daily Chronicle - Atrium 9:00 Trip to the Cleveland Museum of Art (***) 9:30 Stretching in the Atrium 10:00 Quarter Bingo - Atrium 10:30 Stretching - Clubhouse 11:00 Top Songs 1954 - Atrium • 1:00 Tai Chi w/Legacy - Clbse 🕶 1:00 Atrium Resident Council - Multi. Rm 2:00 Through the Eyes of the **Artist with Felicia** "Frederic Rennington" - Clbs 2:00 Bridge - Atrium Library 3:00 - 4:00 Happy Hr - Atrium 4:00 Puzzles & Uno - Atrium 6:00 Brain Games - Atrium

Tuesday, July 23rd

Wednesday, July 24th **Legacy Therapy Carnival** 9:00 Daily Chronicle - Atrium 9:30 Exercise in the Atrium 10:15 Exercise in the Clubhouse > 10:15 Crafts - Multipurpose Rm = 11:00 Walking Club - Atrium 1:00 Meditation with Peggy in the Clubhouse 1:00 Knitting Together - M. Rm 1:00 Trip to Village (***) 1:00 1-on-1 visits - Atrium Apts. 1:00 Music with Rey Rangel in the Atrium 2:00 - 4:00 Legacy Therapy Carnival in the Atrium 3:00 Pet Visit w/Quincy in the Atrium 6 - 6:30 Family Night - Ice Cream Sundaes - Atrium

Thursday, July 25th 9:00 Daily Chronicle - Atrium 9:15 - 9:50 St. Joan of Arc **Catholic Communion Service** & Rosary - Multipurpose Rm 9:30 Chair Yoga in the Atrium 9:30 Trip to Miles Market & \diamond 10:00 Bible Study - Mult. Rm 10:00 Food Com. Mtg - Library 10:00 - 10:30 Bingo in the Atrium 10:00 Walking Club - Clubhse 💙 10:00 CWRU Class "The Black Plague & The Renaissance" 7th Class in the Clubhouse 11:00 Name That Tune - Atrium 1:00 Ch. Yoga w/Mary - Clbse 💙 3:00 Music with "The Wise **Guys**" in the Atrium 5:15 Depart for Concert at Riverside Park to see

"Perfect Choice" (***)

(***) Call Phil at 330-998-1417 for a seat 48 hours in advance

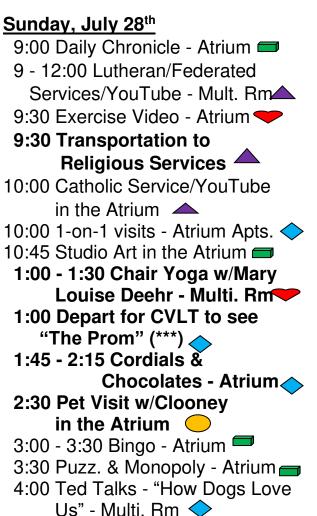
Friday, July 26th **Summer Olympics Opening Ceremony** 9:00 Daily Chronicle - Atrium 9:30 Exercise in the Atrium 10:00 Beautiful Bisque Ceramics with Erica - Multi. Rm = 10:00 Hearing Check with **Kandare - Library** 10:15 Exercise in the Clubhouse > 11:00 Trivia in the Atrium 11:30 - 12:15 Two Dollar Lunch in the Clubhouse 🔷 1:00 Trip to Sharon James Cellars Winery 1:00 Guess Who I Am? - Atrium 2:00 Nature Documentary "Lord Howe's Island" - Clbse 2:00 Music with Erny Nunez in the Atrium 3 - 4 Summer Olympics Happy Hour - Atrium 3:30 Puzzles & Boggle - Atrium

4:00 YouTube A & E Biography

"Milton Hershey" - Multi. Rm 🛭 💳

Saturday, July 27th 9:00 Daily Chronicle - Atrium 9:30 Trip to Chagrin Library 9:30 Exercise Video - Atrium 9:30 1-on-1 visits - Atrium Apts. 10:15 Tea & Muffins - Atrium 11:00 Out to Lunch to **Cowboys** (***) 11:00 Hangman - Atrium 1:00 - 1:30 Chair Yoga w/Mary Louise Deehr - Multi. Rm 2:00 YouTube History Doc. "Lost Worlds" The Seven Worlds" - Multip. Rm 2:00 Trip to Village (***) 2:00 Ring Toss - Atrium 3:00 - 4:00 Happy Hr - Atrium 🔷 3:30 Puzzles & Checkers -Atrium = 6:00 Saturday Night at the **Movies "West Side** Story" - Mult. Rm 🔷 (***) Call Phil at 330-998-1417

for a seat 48 hours in advance





ACTIVITY KEY CODE

= Intellectual Wellness

= Social Wellness

= Physical Wellness

= Spiritual Wellness

= Emotional Wellness