

# HAMLET

— AT CHAGRIN FALLS —















## Week FOUR Life Enrichment Calendar March 2024

### Friday, March 22<sup>nd</sup>














9:00 Meditation w/Peggy - Clb   
9:00 Daily Chronicle - Atrium   
9:30 Exercise in the Atrium   
**10:00 Beautiful Bisque Ceramics with Erica - Multi. Rm**   
10:15 Exercise in the Clubhouse   
11:00 Trivia in the Atrium   
**11:30 - 12:15 Two Dollar Lunch in the Clubhouse**   
**1:30 Trip - Yours Truly (\*\*\*)**   
2:00 Nature Documentary  
“Wild Costa Rica”- Clubhouse  
3:00 Cookies in the Atrium   
**3 - 4 Happy Hr - Clubhouse**   
3:30 Puzzles & Boggle - Atrium   
4:00 YouTube A & E Biography  
“Napoleon B.” - Multi. Rm 

(\*\*\*) Call Phil at 330-998-1417  
for a seat 48 hours in advance

### Saturday, March 23<sup>rd</sup>

**8:30 - 9:30 \$5 Pancake Breakfast - Atrium**   
9:00 Daily Chronicle - Atrium   
**9:30 Trip to Chagrin Library**   
9:30 Exercise Video -   
9:30 1-on-1 visits - Atrium Apts.   
10:15 Tea & Muffins - Atrium   
10:45 YouTube History Doc.  
“History of Rome” in the  
Multipurpose Rm   
11:00 Tic Tac Toe - Atrium   
1:15 Ring Toss - Atrium   
**2:00 Trip to Village (\*\*\*)**   
2:00 Crossword Puzzle  
Challenge - Atrium   
**3:00 - 4:00 Happy Hr - Atrium**   
3:30 Puzz. & Checkers - Atrium   
**6:00 Saturday Night at the Movies “It Had to Be You” in the Atrium** 

### Sunday, March 24<sup>th</sup>

**Palm Sunday**  
9:00 Daily Chronicle - Atrium   
9 - 12:00 Lutheran/Federated  
Services/YouTube - Mult. Rm   
9:30 Exercise Video - Atrium   
**9:30 Transportation to Religious Services**   
10:00 Catholic Service/YouTube  
in the Atrium   
10:00 1-on-1 visits - Atrium Apts.   
10:45 Studio Art in the Atrium   
1:15 Mini Golf in the Atrium   
**1:30 Scenic Drive (\*\*\*)**   
**2:00 - 2:30 Ice Cream - Atrium**  
**2:30 Pet Visit w/Clooney in the Atrium**   
3:00 - 3:30 Bingo - Atrium   
3:30 Puzz. & Monopoly - Atrium   
4:00 Ted Talks - “The Simple  
Secret of Being Happier” - Mu. Rm 

### Monday, March 25<sup>th</sup>

9:00 Daily Chronicle - Atrium  
9:30 Exercise in the Atrium   
10:15 Exercise - Clubhouse   
11:00 Tongue Twisters - Atrium   
1:00 1-on-1 visits - Atrium Apts.   
**1:00 Trip to Village (\*\*\*)**   
**1:00 Activity Mtg - Atrium**   
1:00 Finishing Lines - Atrium   
**2:00 Program with the Chagrin Falls Historical Society - Clubhouse**   
2:00 Mahjong - Atrium Library   
**2:00 Popsicle Treat - Atrium**   
2:45 Readers Digest - Atrium   
3:15 Volleyball in the Atrium   
3:30 Puzz. & Triv. Pur.- Atrium   
7:00 Chagrin Investors Club  
Meeting - Library 

## Tuesday, March 26<sup>th</sup>

9:00 Daily Chronicle - Atrium   
**9:00 Trip to Cleveland  
Museum of Art**   
9:30 Stretching - Multi. Rm   
10:00 Quarter Bingo - Atrium   
10:30 Stretching - Clubhouse   
11:00 Top Songs 1943 - Atrium   
**1:00 Tai Chi w/Legacy - Clbse**  
1:00 1-on-1 visits - Atrium Apts.   
**1:00 Atrium Resident  
Council - Multi. Rm**   
**2:00 "Food for Thought"  
Food Comm. Mtg - Multi. Rm**   
2:00 Bridge - Atrium Library   
**2:00 Sing-along with Ron  
in the Atrium**   
2:30 Prime Video "Prescription  
For Love" - Clubhouse   
**3:00 - 4:00 Happy Hr - Atrium**   
4:00 Puzzles & Uno - Atrium   
6:00 Brain Games - Atrium 

## Wednesday, March 27<sup>th</sup>

9:00 Daily Chronicle - Atrium   
9:30 Exercise in the Atrium   
10:15 Exercise in the Clubhouse   
**10:15 Art with Katie in  
the Multipurpose Rm**   
11:00 Finishing Lines - Atrium   
1:00 Knitting Together in the  
Multipurpose Rm   
**1:00 Trip to Village (\*\*\*)**   
**2:00 Music w/Rey Rangel  
in the Atrium (\*\*\*)**   
3:00 Wii Bowling - Multip. Rm   
3:00 Board Games - Clubhouse   
3:15 Volleyball in the Atrium   
3:30 Puzzles & LRC - Atrium   
**6 - 6:30 Family Night - Coffee  
& Pastry - Atrium** 




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## Thursday, March 28<sup>th</sup>

9:00 Daily Chronicle - Atrium   
**9:15 - 9:50 St. Joan of Arc  
Catholic Communion Service  
& Rosary - Multipurpose Rm**   
9:30 Chair Yoga in the Atrium   
**9:30 Trip to Miles Market &  
Stouffers (\*\*\*)**   
**10:00 Bible Study - Mult. Rm**   
10:00 - 10:30 Bingo in the Atrium   
**10 - 2 Marketing Event - Right  
Sizing Your Retirement - Clb**   
11:00 Ch. Soup Stories - Atrium   
**1:00 Yoga w/Mary. Jo - Atrium**   
**1:30 Legacy Therapy Outing -  
Mitchell's Ice Cream**   
3:00 - 3:30 Ice Cream - Atrium   
3:30 Puzz. & Scrabble - Atrium   
**3:30 Men's Group - Clbse**   
**5:00 - 7:00 Game Night with  
Snacks - Atrium & Clbhs** 

March

### ACTIVITY KEY CODE

 = Intellectual Wellness  
 = Social Wellness  
 = Physical Wellness  
 = Spiritual Wellness  
 = Emotional Wellness