








# HAMLET

— AT CHAGRIN FALLS —












## Week FOUR Life Enrichment Calendar March 2025

### Saturday, March 22<sup>nd</sup>















- 9:00 Daily Chronicle - Atrium 
- 9:30 Trip to Chagrin Library** 
- 9:30 Exercise Video - Atrium 
- 10:15 Tea & Muffins - Atrium 
- 11:00 Hangman - Atrium 
- 1:00 - 1:30 Chair Yoga w/Mary Louise Deehr - Library** 
- 1:00 YouTube Travelogue - "Wonders of the Netherlands" - Multi. Rm 
- 2:00 Trip to Village (\*\*\*)** 
- 2:00 Ring Toss - Atrium 
- 3:00 - 4:00 Happy Hr - Atrium** 
- 3:30 Puzzles & Check. - Atrium 
- 6:00 Movie "The Crystal Ball" Comedy/1943- Multi. Rm** 

(\*\*\*) Call Phil at 330-998-1417 for a seat 48 hours in advance

### Sunday, March 23<sup>rd</sup>

- 9:00 Daily Chronicle - Atrium
- 9 - 12:00 Lutheran/Federated Services/YouTube - Multi. Rm 
- 9:30 Exercise Video - Atrium 
- 9:30 Transportation to Religious Services (\*\*\*)** 
- 10:00 Catholic Service/YouTube in the Atrium 
- 10:45 Studio Art in the Atrium 
- 1:00 - 1:30 Chair Yoga w/Mary Louise Deehr - Library** 
- 1:30 Scenic Drive (\*\*\*)** 
- 2:30 Pet Visit w/Clooney - Atr** 
- 3:00 - 3:30 Bingo - Library 
- 3:00 Nature Doc. "Wild South Africa" - Multi. Rm 
- 6:00 Music with the Goldenotes - Atrium (\*\*\*)** 

### Monday, March 24<sup>th</sup>

- 9:00 Daily Chronicle - Atrium 
- 9:30 Exercise - Atrium 
- 10:00 Walking Club - Atrium 
- 10:15 Exercise - Clubhouse 
- 1:00 Hydration St. - Atrium Apts 
- 1:00 Trip to Village (\*\*\*)** 
- 2:00 Sing-along & Chair Dancing w/Toni - Atrium** 
- 2:00 Program w/the Chagrin Falls History Center - Clbs** 
- 2:00 Mahjong - Atrium Library 
- 2:45 Cleveland Sports Talk - Atrium** 
- 3:15 Volleyball in the Atrium 
- 3:30 Puzz. & Triv.P. - Atrium 
- 5:30 Local TV News - Atrium 
- 7:00 Chagrin Investors Club Meeting - Multi. Rm** 













### Tuesday, March 25<sup>th</sup>

- 9:00 Daily Chronicle - Atrium 
- 9:30 Stretching in the Atrium 
- 10:00 Quarter Bingo - Atrium 
- 10:30 Stretching - Clubhouse 
- 11:00 Top Songs 1963 - Atrium 
- 1:00 Hydration St. - Atrium Apts 
- 1:00 Tai Chi w/Legacy Therapy in the Clbse** 
- 1:00 Atrium Resident Council Meeting - Multi. Rm** 
- 2:00 Bridge - Multi. Rm 
- 2:00 Remember When - Atrium 
- 2:00 Christian Music Program with Patrick Janson - Atrium (\*\*\*)** 
- 3:00 - 4:00 Happy Hr - Atrium** 
- 6:00 Brain Games - Atrium 












**Wednesday, March 26<sup>th</sup>**

- 9:00 Daily Chronicle - Atrium 
- 9:30 Exercise in the Atrium 
- 10:00 Walking Club - Atrium 
- 10:15 Exercise - Clubhouse 
- 10:30 Crafts - Multipurpose Rm 
- 1:00 Hamlet Players**
- Rehearsal - Multi. Rm** 
- 1:00 Knitting Together - Atrium 
- 1:00 Hydration St.- Atrium Apts 
- 1:00 Trip to Village (\*\*\*) 
- 2:00 Music with Steven**
- Greenman - Atrium (\*\*\*)** 
- 3:00 Pet Visit with Quincy - Atrium** 
- 3:15 Volleyball in the Atrium 
- 3:30 Puzzles & LRC -Atrium 
- 6:00 Tunes with a Twist with Laura Blair - Atrium** 

**Thursday, March 27<sup>th</sup>**

- 9:00 Daily Chronicle - Atrium 
- 9:15 - 9:50 St. Joan of Arc Catholic Communion Service & Rosary - Multipurpose Rm** 
- 9:30 Chair Yoga in the Atrium** 
- 10:00 Bible Study - Mult. Rm**
- 10:00 - 10:30 Bingo - Atrium 
- 11:00 Name That Tune - Atrium 
- 1:00 Chair Yoga with Mary Jo - Clubhouse** 
- 1:00 Hydration St. - Atrium Apts 
- 1:30 Legacy Therapy Trip to RollHouse Bowling (\*\*\*)** 
- 2:00 - 2:30 Ice Cream - Atrium 
- 3:00 Scrabble - 3<sup>rd</sup> Flr Act. Area 
- 3:00 Women's Group - Clubse** 
- 3:30 Puzz. & Games - Atrium 
- 6:00 Movie - "Stranger Than Fiction" Comedy/2006 w/Will Ferrell - Multi. Rm** 

**Friday, March 28<sup>th</sup>**

- 9:00 Daily Chronicle - Atrium 
- 9:30 Exercise in the Atrium 
- 10:00 Beautiful Bisque Ceramics with Erica - Multi. Rm** 
- 10:15 Exercise in the Clubhouse 
- 10:30 Pet Visit w/Layla - Atrium** 
- 11:00 Trivia in the Atrium 
- 11:30 - 12:15 Three Dollar Lunch in the Clubhouse** 
- 1:00 Trip to Cowboys for Drinks (\*\*\*)** 
- 1:00 Hydration S. - Atrium Apts. 
- 2:00 Music with Jill Hayman in the Atrium (\*\*\*)** 
- 3:00 Cookies - Atrium** 
- 3 - 4 Happy Hour - Clubhse** 
- 3:30 Puzzles & Boggle - Atrium 
- 4:00 YouTube A&E Biography "Barbara Eden" - Multip. Rm 



**ACTIVITY KEY CODE**

-  = Intellectual Wellness
-  = Social Wellness
-  = Physical Wellness
-  = Spiritual Wellness
-  = Emotional Wellness

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