













HAMLET

— AT CHAGRIN FALLS —

Week FOUR Life Enrichment Calendar October 2024

Tuesday, October 22nd

Homecoming Theme Dinner


















- 9:00 Daily Chronicle - Atrium 
- 9:30 Stretching in the Atrium 
- 10:00 Quarter Bingo - Atrium 
- 10:30 Stretching - Clubhouse 
- 11:00 Top Songs 1953 - Atrium 
- 1:00 Tai Chi with Legacy Therapy at the Clbse 
- 1:00 Hydration St. - Atrium Apts 
- 1:00 Atrium Resident Council - Multi. Rm 
- 2:00 Bridge - Library 
- 2:00 1940's Trivia - Atrium 
- 3:00 - 4:00 Homecoming Cocktails - Atrium 
- 4:30 Homecoming Theme Dinner in the Atrium (***) 

(***) Call Phil at 330-998-1417 for a seat 48 hours in advance















Wednesday, October 23rd

- 9:00 Daily Chronicle - Atrium 
- 9:30 Exercise in the Atrium 
- 10:00 Walking Club - Atrium 
- 10:15 Exercise in the Clubhouse 
- 10:30 Crafts - Multipurpose Rm 
- 1:00 Meditation with Peggy in the Clubhouse 
- 1:00 Knitting Together - M. Rm 
- 1:00 Trip to Village (***) 
- 1:00 Hydration Station - Atrium Apts. 
- 2:00 Acoustic Guitar with Justin Geraci - Atrium 
- 3:15 Volleyball in the Atrium 
- 3:00 Pet Visit w/Quincy in the Atrium 
- 6:00 - 6:30 Family Night - Ice Cream Sundaes - Atrium 

Thursday, October 24th

- 9:00 Daily Chronicle - Atrium 
- 9:15 - 9:50 St. Joan of Arc Catholic Communion Service & Rosary - Multipurpose Rm 
- 9:30 Chair Yoga in the Atrium 
- 9:30 Trip to Miles Market 
- 10:00 Bible Study - Mult. Rm 
- 10:00 Food Com. Mtg - Library 
- 10:00 - 10:30 Bingo in the Atrium 
- 10:00 - 11:30 CWRU - 4th Class - Michelangelo - Clbse 
- 11:00 Name That Tune - Atrium 
- 1:00 Hydration St. - Atrium Apts 
- 1:00 Ch. Yoga w/Mary - Clbse 
- 2:30 - 3:00 Ice Cream - Atrium 
- 3:00 Men's Group - Clbse 
- 3:00 Scrabble - 3rd Flr Act. Area 
- 3:30 Puzz. & Games - Atrium 
- 5:00 Movie - Intern - Clbhouse 
- 5:15 Baking & Coff. - Mul. Rm 

Friday, October 25th

- 9:00 Daily Chronicle - Atrium 
- 9:30 Exercise in the Atrium 
- 10:00 Beautiful Bisque Ceramics with Erica - Multi. Rm 
- 10:15 Exercise in the Clubhouse 
- 10:30 Pet Visit w/Layla - Atrium 
- 11:00 Trivia in the Atrium 
- 11:30 - 12:15 Two Dollar Lunch in the Clubhouse 
- 1:00 Trip to Panini's for Drinks (***) 
- 1:00 Hydration S. - Atrium Apts. 
- 2:00 Music with Erny Nunez in the Atrium 
- 3:00 Cookies - Atrium 
- 3 - 4 Happy Hour - Clubhse 
- 3:30 Puzzles & Boggle - Atrium 
- 4:00 YouTube A&E Biography "John Steinbeck" - Multi. Rm 

Saturday, October 26th

- 9:00 Daily Chronicle - Atrium ■
- 9:30 Trip to Chagrin Library** ◆
- 9:30 Exercise Video - Atrium ♥
- 9:30 1-on-1 visits - Atrium Apts. ◆
- 10:15 Tea & Muffins - Atrium ◆
- 10:30 Pet Visit w/Ivy - Atrium** ●
- 11:00 Out to Lunch to Chicago Deli (***)** ◆
- 11:00 Hangman - Atrium ■
- 1:00 - 1:30 Chair Yoga w/Mary Louise Deehr - Multi. Rm** ♥
- 2:00 YouTube History Doc. "History of Rome" - Multi. Rm ■
- 2:00 Trip to Village (***)** ◆
- 2:00 Ring Toss - Atrium ♥
- 3:00 - 4:00 Happy Hr - Atrium** ◆
- 3:30 Puzzles & Checkers - Atrium ■
- 6:00 Saturday Movie "Runaway Romance" - Multipurpose Room** ◆

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Sunday, October 27th

- 9:00 Daily Chronicle - Atrium ■
- 9 - 12:00 Lutheran/Federated Services/YouTube - Mult. Rm ▲
- 9:30 Exercise Video - Atrium ♥
- 9:30 Transportation to Religious Services** ▲
- 10:00 Catholic Service/YouTube in the Atrium ▲
- 10:00 1-on-1 visits - Atrium Apts. ◆
- 10:45 Studio Art in the Atrium ■
- 1:00 - 1:30 Chair Yoga w/Mary Louise Deehr - Multi. Rm** ♥
- 1:00 Ravens at Browns on Channel 4 - Atrium** ◆
- 1:30 Scenic Drive**
- 1:45 - 2:15 Cordials - Atrium** ◆
- 2:30 Pet V. w/Clooney- Atrium** ●
- 3:00 - 3:30 Bingo - Multi. Rm ■
- 3:30 Puzz. & Monopoly - Atrium ■
- 4:00 Ted Talks - Multi. Rm ◆

Monday, October 28th

- 9:00 Daily Chronicle - Atrium ■
- 9:30 Exercise - Atrium ♥
- 10:00 Walking Club - Atrium ♥
- 10 - 12:00 Journal Writing Class (#3) w/Jenny Clark** ■
- In the Multipurpose Rm**
- 10:15 Exercise - Clubhouse ♥
- 10:30 Music Trivia in the Atrium ◆
- 1:00 Hydration S. - Atrium Apts. ◆
- 1:00 Trip to Village (***)** ◆
- 2:00 Sing-along & Chair Dancing w/Toni - Atrium** ◆
- 2:00 Mahjong - Atrium Library ■
- 2:00 Chagrin History Center Program at the Clubhouse** ■
- 3:00 Wii Bowling - Multip. Rm ♥
- 3:15 Volleyball in the Atrium ♥
- 3:30 Puzz. & Triv. Pur.- Atrium ■
- 5:00 YouTube Travelogue "England" in the Atrium ■
- 7:00 Chagrin Investors Club Mtg (Private Mtg) - Library ◆



- ACTIVITY KEY CODE**
- = Intellectual Wellness
 - ◆ = Social Wellness
 - ♥ = Physical Wellness
 - ▲ = Spiritual Wellness
 - = Emotional Wellness