

HAMLET

— AT CHAGRIN FALLS —













Week FOUR Life Enrichment Calendar February 2025

Saturday, February 22nd














- 9:00 Daily Chronicle - Atrium 
- 9:30 Trip to Chagrin Library** 
- 9:30 Exercise Video - Atrium 
- 10:15 Tea & Muffins - Atrium 
- 11:00 Hangman - Atrium 
- 1:00 - 1:30 Chair Yoga w/Mary Louise Deehr - Library** 
- 1:00 YouTube Travelogue - Guatemala - Multi. Rm 
- 2:00 Trip to Village (***)** 
- 2:00 Ring Toss - Atrium 
- 3:00 - 4:00 Happy Hr - Atrium** 
- 3:30 Puzzles & Check. - Atrium 
- 6:00 Saturday Classic Movie - "The Bishop's Wife" - Multipurpose Rm** 

(***) Call Phil at 330-998-1417 for a seat 48 hours in advance

Sunday, February 23rd

- 9:00 Daily Chronicle - Atrium
- 9 - 12:00 Lutheran/Federated Services/YouTube - Multi. Rm 
- 9:30 Exercise Video - Atrium 
- 9:30 Transportation to Religious Services (***)** 
- 10:00 Catholic Service/YouTube in the Atrium 
- 10:45 Studio Art in the Atrium 
- 1:00 - 1:30 Chair Yoga w/Mary Louise Deehr - Library** 
- 1:30 Scenic Drive (***)** 
- 1:30 Music w/Rory - Atrium** 
- 2:30 Pet Visit w/Clooney - Atrium** 
- 3:00 - 3:30 Bingo - Multi. Rm 
- 3:30 Puzz. & Monopoly - Atrium 
- 4:00 Ted Talks - Multi. Rm 

Monday, February 24th

- 9:00 Daily Chronicle - Atrium 
- 9:30 Exercise - Atrium 
- 10:00 Walking Club - Atrium 
- 10:15 Exercise - Clubhouse 
- 1:00 Hydration St. - Atrium Apts 
- 1:00 Trip to Village (***)** 
- 2:00 Sing-along & Chair Dancing w/Toni - Atrium** 
- 2:00 Program w/the Chagrin Falls History Center - Clbs** 
- 2:00 Mahjong - Atrium Library
- 2:45 Cleveland Sports Talk in the Atrium** 
- 3:15 Volleyball in the Atrium 
- 3:30 Puzz. & Triv.P. - Atrium 
- 5:30 Local TV News - Atrium 
- 7:00 Chagrin Investors Club Meeting - Multi. Rm** 

Tuesday, February 25th

- 9:00 Daily Chronicle - Atrium 
- 9:00 Trip to Cleveland Museum of Art (***)** 
- 9:30 Stretching in the Atrium 
- 10:00 Quarter Bingo - Atrium 
- 10:30 Stretching - Clubhouse 
- 11:00 Top Songs 1958 - Atrium 
- 1:00 Tai Chi with Legacy Therapy at the Clbse** 
- 1:00 Hydration St. - Atrium Apts 
- 1:00 Atrium Resident Council - Multi. Rm** 
- 2:00 Bridge - Multi. Rm 
- 2:30 - 3:30 Happy Hr - Atrium** 
- 3:45 PAWS Intermediate School Variety Show - Atrium** 
- 6:00 Brain Games - Atrium 

Wednesday, February 26th















- 9:00 Daily Chronicle - Atrium 
- 9:30 Exercise in the Atrium 
- 10:00 Walking Club - Atrium 
- 10:15 Exercise - Clubhouse 
- 10:30 Crafts - Multipurpose Rm 
- 1:00 Knitting Together in the Multipurpose Rm 
- 1:00 Hydration St.- Atrium Apts 
- 1:00 Trip to Village (***) 
- 2:00 Music with Rey Rangel In the Atrium (***)** 
- 3:00 Pet Visit with Quincy in the Atrium** 
- 3:15 Volleyball in the Atrium 
- 3:30 Puzzles & LRC -Atrium 
- 6:00 - 6:30 Family Night - Hot Chocolate & Sugar Cookies - Atrium** 

Thursday, February 27th

- Catholic Communion Service & Rosary - Multipurpose Rm** 
- 9:30 Chair Yoga in the Atrium** 
- 10:00 Bible Study - Mult. Rm**
- 10:00 - 10:30 Bingo - Atrium 
- 10:00 - 11:30 CWRU -Three Major Revolutions - 6th Class - Clubhouse** 
- 11:00 Name That Tune - Atrium 
- 1:00 Ch. Yoga w/Mary Jo - Clb** 
- 1:00 Hydration St. - Atrium Apts 
- 1:00 Legacy Therapy Trip to Barnes & Nobles Bookstore** 
- 2:00 - 2:30 Ice Cream - Atrium 
- 3:00 Scrabble - 3rd Flr Act. Area 
- 3:00 Women's Group - Clubse** 
- 3:30 Puzz. & Games - Atrium 
- 6:00 Comedy Movie - "Major League" - Multi. Rm** 

(***) Call Phil at 330-998-1417 for a seat 48 hours in advance

Friday, February 28th

- 9:00 Daily Chronicle - Atrium 
- 9:30 Exercise in the Atrium 
- 10:00 Beautiful Bisque Ceramics with Erica - Multi. Rm** 
- 10:15 Exercise in the Clubhouse 
- 10:30 Pet Visit w/Layla - Atrium** 
- 11:00 Trivia in the Atrium 
- 11:30 - 12:15 Three Dollar Lunch in the Clubhouse** 
- 1:00 Trip to Cowboys for Drinks (***)** 
- 1:00 Hydration S. - Atrium Apts. 
- 2:00 Music w/Steve Radecky in the Atrium (***)** 
- 3:00 Cookies - Atrium** 
- 3 - 4 Happy Hour - Clubhse** 
- 3:30 Puzzles & Boggle - Atrium 
- 4:00 YouTube A&E Biography "Tanya Tucker" - Multip. Rm 



ACTIVITY KEY CODE

-  = Intellectual Wellness
-  = Social Wellness
-  = Physical Wellness
-  = Spiritual Wellness
-  = Emotional Wellness