













HAMLET

— AT CHAGRIN FALLS —

Week ONE Life Enrichment Calendar March 2026









Sunday, March 1st

8:30 Depart for Pancake Breakfast at CMS (*)** 
9:00 Daily Chronicle - Atrium 
9:30 Exercise Video - Atrium 
9:30 Transportation to Religious Services (*)** 
10:00 Lutheran/Federated Services/YouTube - Mult. Rm 
10:00 Catholic Service/YouTube in the Atrium 
10:45 Studio Art in the Atrium 
1:30 - 2:00 Cordials - Atrium 
2:00 Music w/Rory - Atrium 
3:00 Pet V. w/Clooney -Atrium 
3:00 - 3:30 Bingo - Library 
4:00 National Geo. Doc. - "Stories about Greenland" in the Multipurpose Rm 

Monday, March 2nd

9:00 Daily Chronicle - Atrium 
9:30 Exercise in the Atrium 
10:15 Exercise in the Clubhouse 
10:30 Music Trivia - Atrium 
11:00 Open Mic Group - Multipurpose Rm 
1:00 Trip to Marc's/Aldi's (*)** 
2:00 Tea & Scones in the Atrium 
2:00 Coffee & Cookies in the Clubhouse 
3:15 Volleyball in the Atrium 
3:30 Puzzles & Trivia - Atrium 
6 - 7:00 Game Night - Atrium 

Tuesday, March 3rd

Purim
9:00 Daily Chronicle - Atrium 
9:30 Stretching in the Atrium 
10 - 10:30 Quarter Bingo - Atrium 
10:30 Stretching - Clubhouse 
10:45 Prayer Service with Holy Angels Church - Multi. Rm 
11:00 Top Songs 1950 - Atrium 
2:00 Remember When - Atrium 
2:00 Bridge - Multipurpose Rm 
3:00 Netflix Documentary - "My Octopus Teacher" 2020 - Clubhouse 
3 - 4:00 Happy Hr - Atrium 
6:00 Brain Games - Atrium 













Wednesday, March 4th

9:00 Daily Chronicle - Atrium 
9:30 Exercise in the Atrium 
10:00 Trip to Drug Mart (*)** 
10 - 11:00 Living Well with Parkinson's w/Lexi - Multi. Rm 
10:15 Exercise in the Clubhouse 
10:30 Crafts - Atrium 
1:00 Trip to Village (*)** 
1:00 Ch. Yoga Video - Clubse 
1:00 Zumba w/Tonya - Atrium 
1:45 Music with Ted Litchney in the Atrium (*)** 
2:00 Mahjong - Atrium Library 
3:00 Through the Eyes of the Artist w/Felicia - Club 
3:15 Volleyball in the Atrium 
6:00 - 6:30 Bingo - Atrium 

Thursday, March 5th

- 9:00 Daily Chronicle - Atrium 
- 9:15 St. Joan of Arc Catholic Com. Ser. & Rosary - Mult. Rm** 
- 9:30 Tai Chi w/Angie - Atrium** 
- 10:00 Bible Study - Mult. Rm** 
- 10:00 - 10:30 Bingo - Atrium 
- 10:00 - 11:30 CWRU Class #4 Clubhouse** 
- 11:00 Name That Tune - Atrium 
- 1:00 Lower Body Strength Training Class w/Gabi - Clbs** 
- 2:00 Nature Pam Video Program on National Park - Multi. Rm** 
- 3 - 3:30 Ice Cream - Atrium**
- 3:00 Men's Group - Atrium 
- 3:00 Netflix Movie - Drama "Blonde" 2022 - Clubse** 
- 6:00 Netflix Series - Leanne - Season 1/Episodes 7 & 8 - Multipurpose Room** 






Friday, March 6th

- 9:00 Daily Chronicle - Atrium 
- 9:30 Exercise in the Atrium 
- 10:15 Exercise in the Clubhouse 
- 10:00 Trip to Patterson's Fruit Farm (***)** 
- 10:15 Spa Day - Multi. Rm 
- 10:30 Pet Visit with Layla in the - Atrium** 
- 11:00 Trivia - Atrium 
- 1:00 Hydration Station - Atrium Apartments  
- 2:00 Music with Steve Radecky in the Atrium**
- 3 - 4:00 Happy Hour - Clbse** 
- 3:30 Puzzles & Boggle - Atrium 
- 6:00 Netflix Movie - Comedy "Best in Show" 2000 in the Multipurpose Rm** 

Saturday, March 7th

- 9:00 Daily Chronicle - Multi. Rm 
 - 9:30 Trip to Chagrin Library** 
 - 9:30 Exercise Video - Atrium 
 - 10:15 Tea & Cookies - Atrium 
 - 10:30 Pet Visit w/Ivy - Atrium** 
 - 11:00 Trivia - Atrium 
 - 1:00 YouTube Travelogue - 10 Best Places to visit in India - Multi. Rm** 
 - 2:00 Bridge - Multi Rm 
 - 2:00 Trip to Village (***) 
 - 3:00 - 4:00 Happy Hour in the Atrium** 
 - 6:00 Netflix Movie - Romance "Love at First Sight" 2023 - Multi. Rm** 
- (***) Call transportation at 440 384-9511 for a seat 48 hours in advance



- ACTIVITY KEY CODE**
-  = Intellectual Wellness
 -  = Social Wellness
 -  = Physical Wellness
 -  = Spiritual Wellness
 -  = Emotional Wellness