

# Week THREE Life Enrichment Calendar April 2024

### Monday, April 15<sup>th</sup> **Art Show Set-up Begins** 9:00 Daily Chronicle - Multi. Rm 9:30 Exercise - Multi, Rm 10:00 Walking Club - Mul. Rm 10:00 Trip to Tame Rabbit Specialty Coffee (\*\*\*) 10:15 Exercise - Clubhouse 11:00 Trivia - Multi, Rm 1:00 1-on-1 visits - Atrium Apts 1:00 Trip to Marc's/Aldi's (\*\*\*) 1:00 Meeting with Ambassadors - Clbse 2:00 Ice Cream - Multi. Rm 🔷 2:00 Mahjong - Atrium Library 2:00 Through the Eyes of the Artist w/Felicia - Clbse (\*\*\*) 3:30 Trivia - Multi, Rm (\*\*\*) Call Phil at 330-998-1417

for a seat 48 hours in advance

Tuesday, April 16 <sup>th</sup>
Art Show set-up continues
9:00 Daily Chronicle - Multi. Rm
9:30 Stretching - Multi. Rm
0 - 10:30 Quarter Bingo in the 📁
Multi. Rm
0:00 Book Club - Clubhouse 💳
0:45 Stretching - Clubhouse
l1:00 Top Songs 1952 - Mu. Rm̈ 🔷
1:00 1-on-1 visits - Atrium Apts. <
1:00 Tai Chi w/Legacy
Therapy in the Clbse
2:00 Music with Mike & Molly
in the Clubhouse 🔷
2:30 Prime Movie - "Patch
Adams" - Clubhouse 🔷
2:30 Bridge - Library =
3:00 - 4:00 Happy Hour 🔷
in the Multi. Rm (***)
4:00 Puzzles & Uno - Multi. Rm
6:00 Brain Games - Atrium

#### Wednesday, April 17<sup>th</sup> 9:00 Daily Chronicle - Multi. Rm 9:30 Exercise - Multi Rm 10:15 Exercise in the Clubhouse 10:15 Art Therapy w/Suzan from CVAC- Multi. Rm 💳 11:00 Finishing Lines - Library 1:00 Activity Mtg - Atrium 1:00 Knitting Together in the Multipurpose Rm 1:00 Trip to Village (\*\*\*) 2:00 Music w/Steve Radecky in the Atrium 3:00 Wii Bowling - Mult. Rm 💙 3:00 Pet Visit with Quincy in the Atrium 3:00 Board Games - Clubhouse 3:30 Puzzles & LRC - Multi, Rm

6:00 Bingo - Multipurpose Rm

Thursday, April 18<sup>th</sup> **Art Show Award Night** 9:00 Daily Chronicle - Atrium 9:15 - 9:50 St. Joan of Arc **Catholic Communion Service** & Rosary - Multipurpose Rm A 9:30 Chair Yoga in the Atrium 10:00 Bible Study - Mult. Rm 10:00 - 10:30 Bingo - Atrium 10:30 Stretching - Clubhouse 11:00 Ch. Soup Stories - Atrium 1:00 Trip to Marketplace (\*\*\*) 1:00 Meditation with Peggy (no experience needed) in the Multipurpose Rm 💙 1:00 Walking Club - Clubhse 2:00 - 2:30 Bowling - Multi. Rm 3:00 Women's Group - Clbse 3:00 - 3:30 Ice Cream - Mu. Rm 6:00 - 8:00 Art Show Opening & Awards Night - Atrium

### Friday, April 19<sup>th</sup> 9:00 Daily Chron

9:00 Daily Chronicle - Atrium

9:30 Exercise in the Atrium

10:15 Manicures in the Multipurpose Rm

10:15 Exercise in the Clubhouse 💙

11:00 Trivia in the Atrium

1:00 Trip to Drug Mart (\*\*\*)

1:00 Hillside Resident Council Meeting - Clubhouse

1:00 Reminisce in the Atrium

2:00 Music w/Adam Bergeron in the Atrium

2:00 Nat. Doc. "The Inca"- Clb

3 - 4 Happy Hour - Clubhouse 🔷

3:30 Puzzles & Boggle - Atrium 📹

4:00 YouTube A&E Biography "Ron Howard" - Multip. Rm

(\*\*\*) Call Phil at 330-998-1417 for a seat 48 hours in advance

#### Saturday, April 20th

9:00 DAR Meeting - Clbhse 🔷

9:00 Daily Chronicle - Multi. Rm

9:30 Trip to Chagrin Library 🔷

9:30 Exercise Video - Multi. Rm 💙

10:00 - 12:00 Marketing Event Grandparents Day - Atrium

10:15 Coffee & Donuts - Multi. Rm 
10:45 YouTube History Doc.

"Moon Landing"- Multi. Rm

11:00 Tic Tac Toe - Library

11:00 Out to Lunch to Tipsy Bull (\*\*\*)

1:15 Ring Toss - Atrium

2:00 Trip to Village (\*\*\*) 🔷

2:00 Crossword Puzzle Challenge - Atrium

3:00 - 4:00 Happy Hr - Atrium 🔷

3:30 Puzz. & Checkers - Atrium

6:00 Saturday Night at the Movies "And So It Goes" in the Atrium

#### Sunday, April 21st

9:00 Daily Chronicle - Atrium 💳

9 - 12:00 Lutheran/Federated
Services YouTube - Mult. Rm

9:30 Exercise Video - Atrium

## 9:30 Transportation to Religious Services

10:00 Catholic Service/YouTube in the Atrium

10:00 1-on-1 visits - Atrium Apts 🔷

10:45 Studio Art in the Atrium

1:15 Mini Golf - Atrium

### 2:00 - 2:30 Cordials & Chocolates - Atrium

3:00 - 3:30 Bingo - Atrium 💳

3:30 Puzzles & Monopoly - Atrium

4:00 Ted Talks - "How to Deal w/Difficult People" -Multi. Rm ◆

SHOWERS ERING MANY ELOWERS

#### **ACTIVITY KEY CODE**

= Intellectual Wellness

= Social Wellness

= Physical Wellness

= Spiritual Wellness

= Emotional Wellness