

HAMLET












— AT CHAGRIN FALLS —

Week THREE Life Enrichment Calendar January 2025

Wednesday, January 15th

- 9:00 Daily Chronicle - Atrium 
- 9:30 Exercise - Atrium 
- 10:00 Walking Club - Atrium 
- 10:15 Exercise - Clubhouse 
- 10:30 Crafts - Multi. Rm** 
- 1:00 Knitting Together in the Multipurpose Rm 
- 1:00 Hydration St. - Atrium Apts 
- 1:00 Trip to Village (***)** 
- 1:45 Piano Music with Ilya In the Atrium** 
- 3:00 Volleyball in the Atrium 
- 3:30 Puzzles & LRC in the Atrium 
- 3:55 Visit from Gurney 3rd Graders - Atrium** 
- 6:00 Tunes with a Twist with Laura Blair - Atrium** 

Thursday, January 16th















- 9:00 Daily Chronicle - Atrium 
- 9:15 - 9:50 St. Joan of Arc Catholic Communion Service & Rosary - Multipurpose Rm** 
- 9:30 Chair Yoga in the Atrium** 
- 10:00 - 10:30 Bingo - Atrium 
- 10:30 Stretching - Clubhouse 
- 11:00 Name That Tune - Atrium 
- 1:00 Ch. Yoga w/Mary Jo - Clb** 
- 1:00 Hydration St. - Atrium Apts 
- 1:00 Trip to Marketplace (***)** 
- 2:00 - 2:30 Ice Cream - Atrium 
- 3:00 Women's Group - Clbse 
- 3:00 Scrabble - 3rd Flr Act. Ar 
- 3:30 Puzz. & Games - Atrium 
- 5:30 Movie - "Gladiator II" in the Multi. Rm** 

Friday, January 17th













- 9:00 Daily Chronicle - Atrium 
- 9:30 Exercise in the Atrium 
- 10:15 Spa Day - Multi. Rm 
- 10:15 Exercise in the Clubhouse 
- 10:30 Pet Visit w/Layla - Atrium** 
- 11:00 Trivia in the Atrium 
- 1:00 Trip to Drug Mart (***)** 
- 1:00 Hydration S. - Atrium Apts. 
- 1:00 Hillside Resident Council - Clubhouse** 
- 2:00 Piano with Adam Bergeron - Atrium** 
- 3 - 4 Happy Hour - Clubhouse** 
- 3:00 - 3:30 Cookies - Atrium 
- 3:30 Puzzles & Boggle - Atrium 
- 4:00 YouTube A&E Biography "Jayne Mansfield" - Multip. Rm 

(***) Call Phil at 330-998-1417 for a seat 48 hours in advance

Saturday, January 18th

- 9:00 - 12:00 DAR Meeting in the Clubhouse** 
- 9:00 Daily Chronicle - Multi. Rm 
- 9:30 Trip to Chagrin Library** 
- 9:30 Exercise Video - Atrium 
- 10:15 Coffee & Donuts - Atrium 
- 11:00 Hangman in the Atrium 
- 11:00 Out to lunch to "Cowboys"** 
- 1:00 - 1:30 Chair Yoga w/Mary Louise Deehr - Multi. Rm** 
- 1:45 Piano Music with Alan in the Atrium** 
- 2:00 YouTube Travelogue - Thailand - Multi. Rm 
- 2:00 Trip to Village (***)** 
- 3:00 - 4:00 Happy Hr - Atrium** 
- 3:30 Puzz. & Checkers - Atrium 
- 6:00 Saturday Movie "Casablanca" - Multi. Rm** 

Sunday, January 19th

- 9:00 Daily Chronicle - Atrium 
- 9 - 12:00 Lutheran/Federated Services YouTube - Mult. Rm 
- 9:30 Exercise Video - Atrium 
- 9:30 Transportation to Religious Services** 
- 10:00 Catholic Service/YouTube in the Atrium 
- 10:45 Studio Art in the Atrium 
- 1:00 - 1:30 Chair Yoga w/Mary Louise Deehr - Library** 
- 1:30 Scenic Drive** 
- 1:45 - 2:15 Cordials & Choc. - Atrium** 
- 2:30 Pet Visit w/Clooney - Atrium** 
- 3:00 - 3:30 Bingo - Multi. Rm 
- 4:00 Ted Talks - Multi. Rm 






Monday, January 20th

- Martin Luther King Jr. Day**
- 9:00 Daily Chronicle - Atrium 
- 9:30 Exercise - Atrium 
- 10 - 12:00 Journal Writing Class (#3) with Jenny Clark - Multi. Rm** 
- 10:00 Walking Club - Atrium 
- 10:15 Exercise - Clubhouse 
- 11:00 Remembering Martin Luther King Jr - Atrium** 
- 1:00 New Resident Dessert Reception - Clbse** 
- 1:00 Trip to Marc's/Aldi's (***)** 
- 2:00 Mahjong - Atrium Library 
- 2:30 Cleveland Sports Talk in the Atrium** 
- 3:15 Volleyball in the Atrium 
- 3:30 Puzzles & Trivia - Atrium 
- 5:30 Local TV News - Atrium 

Tuesday, January 21st

- 9:00 Daily Chronicle - Atrium 
- 9:30 Stretching - Atrium 
- 10:00 Book Club - Clubhouse** 
- 10 - 10:30 Quarter Bingo - Atrium 
- 10:00 Bible Study - Mult. Rm** 
- 10:30 Stretching - Clubhouse 
- 11:00 Top Songs 1952 - Atrium 
- 1:00 Hydration St. - Atrium Apts 
- 1:00 Tai Chi w/Legacy Therapy in the Clbse** 
- 1:00 Food Committee Meeting - Multi. Rm** 
- 2:00 Bridge - Multi. Rm 
- 2:00 Through the Eyes of the Artist with Felicia "Steve McCurry" - Clbse** 
- 2:00 Remember When - Atrium 
- 3:00 - 4:00 Happy Hr - Atrium** 
- 6:00 Brain Games - Atrium 



- ACTIVITY KEY CODE**
-  = Intellectual Wellness
 -  = Social Wellness
 -  = Physical Wellness
 -  = Spiritual Wellness
 -  = Emotional Wellness

(*) Call Phil at 330-998-1417 for a seat 48 hours in advance**