

HAMLET











— AT CHAGRIN FALLS —

Week THREE Life Enrichment Calendar November 2024

Friday, November 15th















9:00 Daily Chronicle - Atrium 
 9:30 Exercise in the Atrium 
10:00 Trip to Patterson's Fruit Farm (*)** 
 10:15 Spa Day - Multi. Rm 
 10:15 Exercise in the Clubhouse 
10:30 Pet Visit w/Layla - Atrium 
 11:00 Trivia in the Atrium 
1:00 Trip to Drug Mart (*)** 
 1:00 Hydration S. - Atrium Apts. 
1:00 Hillside Resident Council Meeting - Clbhse 
2:00 Music w/Adam Bergeron in the Atrium 
3 - 4 Happy Hour - Clubhouse 
 3:00 - 3:30 Cookies - Atrium 
 3:30 Puzzles & Boggle - Atrium 
 4:00 YouTube A&E Biography "Eleanor Roosevelt" - Multip. Rm 

Saturday, November 16th

St. Joan of Arc Volunteers
 9:00 Daily Chronicle - Multi. Rm
9 - 12:30 DAR Mtg - Clbse 
9:30 Trip to Chagrin Library 
 9:00 - 11:30 St. Joan of Arc Parish Volunteers - Atrium 
1:00 - 1:30 Chair Yoga w/Mary Louise Deehr - Multi. Rm 
 2:00 YouTube History Doc. "History of - Multi. Rm 
2:00 Trip to Village (*)** 
 2:30 Ring Toss - Atrium 
3:00 - 4:00 Happy Hr - Atrium 
 3:30 Puzz. & Checkers - Atrium 
6:00 Saturday Movie "The Seven Year Itch" - Multi. Rm 

(***) Call Phil at 330-998-1417 for a seat 48 hours in advance











Sunday, November 17th

9:00 Daily Chronicle - Atrium 
 9 - 12:00 Lutheran/Federated Services YouTube - Mult. Rm 
 9:30 Exercise Video - Atrium 
9:30 Transportation to Religious Services 
 10:00 Catholic Service/YouTube in the Atrium 
 10:00 1-on-1 visits - Atrium Apts 
 10:45 Studio Art in the Atrium 
1:00 - 1:30 Chair Yoga w/Mary Louise Deehr - Library 
1:00 Browns Ch. 8 - Multi. Rm 
1 - 3 Music w/the Masonic Lodge & Root Beer Floats - Atrium 
1:30 Scenic Drive 
2:30 Pet Visit w/Clooney - Atr 
 3:00 - 3:30 Bingo - Mult. Rm 
 4:00 Ted Talks - Multi. Rm 

Monday, November 18th

9:00 Daily Chronicle - Atrium 
 9:30 Exercise - Atrium 
9:30 Trip to Barnes & Nobles Bookstore (*)** 
 10:00 Walking Club - Atrium 
10 - 12:00 Journal Writing Class (#5) w/Jenny Clark in the Multipurpose Rm 
 10:15 Exercise - Clubhouse 
10:30 Piano w/Diane - Atrium 
 1:00 Hydration St. - Atrium Apts
1:00 Trip to Marc's/Aldi's (*)** 
1:30 Music w/Ted Litchney - Atrium 
 2:00 Mahjong - Atrium Library 
 3:00 Wii Bowling - Mult. Rm 
 3:15 Volleyball in the Atrium 
 3:30 Puzzles & Trivia - Atrium 
 5:00 YouTube/News - Atrium 

Tuesday, November 19th
















- 9:00 Daily Chronicle - Atrium 
9:30 Stretching - Atrium 
10 - 10:30 Quarter Bingo - Atrium 
10:00 Book Club - Clubhouse 
11:00 Stretching - Clubhouse 
11:00 Top Songs 1942 - Atrium 
1:00 Hydration St. - Atrium Apts 
**1:00 Tai Chi w/Legacy
Therapy in the Clbse** 
2:00 Bridge - Atrium Library 
**2:00 Through the Eyes of
the Artist w/Felicia
"Pablo Picasso" - Clbs** 
2:00 Sing-along in the Atrium
3:00 - 4:00 Happy Hr - Atrium 
4:00 Puzzles & Uno - Atrium 
6:00 Brain Games - Atrium 

Wednesday, November 20th

- 9:00 Daily Chronicle - Atrium 
9:30 Exercise - Atrium 
10:00 Walking Club - Atrium 
10:15 Exercise - Atrium 
10:30 Crafts - Multipurpose Rm 
1:00 Knitting Together in the
Multipurpose Rm 
**1:00 Meditation with Peggy
in the Clubhouse** 
1:00 Hydration St. - Atrium Apts 
1:00 Trip to Village (*)** 
**2:00 Music with Debbie
Darling in the Atrium** 
3:15 Volleyball in the Atrium 
3:30 Puzzles & LRC - Atrium 
**6:00 Tunes with a Twist with
Laura Blair - Atrium** 

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Thursday, November 21st

- 9:00 Daily Chronicle - Atrium
**9:15 - 9:50 St. Joan of Arc
Catholic Communion Service
& Rosary - Multipurpose Rm** 
9:30 Chair Yoga in the Atrium 
10:00 Bible Study - Mult. Rm 
10:00 Food Com. Mtg - Library 
10:00 - 10:30 Bingo - Atrium 
**10:00 - 11:30 CWRU - Last
Class - Michelangelo - Clbse** 
11:00 Name That Tune - Atrium 
1:00 Hydration St. - Atrium Apts 
1:00 Ch. Yoga w/Mary - Clbse 
1:00 Trip to Marketplace (*)** 
2:30 - 3:00 Ice Cream - Atrium 
3:00 Women's Group - Clbse 
3:00 Scrabble - 3rd Flr Act. Ar 
3:30 Puzz. & Games - Atrium 
**5:00 Movie - "Mirror Mirror" -
Multipurpose Room** 



ACTIVITY KEY CODE

-  = Intellectual Wellness
 = Social Wellness
 = Physical Wellness
 = Spiritual Wellness
 = Emotional Wellness