














# HAMLET

— AT CHAGRIN FALLS —

## Week TWO Life Enrichment Calendar December 2024














### Sunday, December 8<sup>th</sup>

- 9:00 Daily Chronicle - Atrium 
- 9 - 12:00 Lutheran/Federated Services YouTube - Multi. Rm 
- 9:30 Exercise Video - Atrium 
- 9:30 Transportation to Religious Services** 
- 10:00 Catholic Service/YouTube in the Atrium 
- 10:45 Studio Art in the Atrium 
- 1:00 Browns at Steelers on channel 4 - Atrium** 
- 1:00 - 1:30 Chair Yoga w/Mary Louise Deehr - Multi. Rm** 
- 1:00 Depart for CVLT to see The Sound of Music** 
- 2:30 Pet Visit w/Clooney in the Atrium** 
- 3:00 - 3:30 Bingo - Multi. Rm 
- 3:30 Puzz. & Monopoly - Atrium 
- 4:00 Ted Talks - Multi. Rm 

### Monday, December 9<sup>th</sup>

- 9:00 Daily Chronicle - Atrium 
- 9:30 Exercise - Atrium 
- 10 - 12:00 Last Journal Writing w/JC - Multi. Rm** 
- 10:00 Walking Club - Atrium 
- 10:15 Exercise - Clubhouse 
- 10:30 Piano w/Diane - Atrium** 
- 1- 3:00 A Christmas Memory - The Hamlet Players Dress Rehearsal in the Atrium** 
- 1:00 Trip to Village (\*\*\*)** 
- 2:00 Mahjong - Atrium Library 
- 2:30 Cleveland Sports Talk in the Atrium** 
- 2:30 Hot Chocolate - Atrium** 
- 3:00 Wine Tasting "Sparkling Wines" w/Yolanda - Clbse** 
- 3:15 Volleyball in the Atrium 
- 3:30 Puzzles & Trivia - Atrium 
- 5:30 Local TV News - Atrium 

### Tuesday, December 10<sup>th</sup>




- 9:00 Daily Chronicle - Atrium 
- 9:30 Stretching - Atrium 
- 10 - 10:30 Quarter Bingo - Atrium 
- 10:30 Stretching - Clubhouse 
- 11:00 Top Songs 1946 - Atrium 
- 1:00 Hydration St. - Atrium Apts 
- 1:00 Tai Chi w/Legacy Therapy in the Clbse** 
- 2:00 Remember When - Atrium 
- 2:00 Bridge - Multi. Rm 
- 3:00 A Christmas Memory - Play by the Hamlet Players in the Atrium** 
- 3:00 - 4:00 Happy Hr - Atrium** 
- 4:00 Puzzles & Uno - Atrium 
- 6:00 Brain Games - Atrium 

(\*\*\*) Call Phil at 330-998-1417 for a seat 48 hours in advance














### Wednesday, December 11<sup>th</sup>

- 9:00 Daily Chronicle - Atrium 
- 9:30 Exercise - Atrium 
- 10:00 Walking Club - Atrium 
- 10:15 Exercise - Atrium 
- 10:30 Crafts - Multipurpose Rm** 
- 1:00 Knitting Together in the Multipurpose Rm 
- 1:00 Hydration Station - Atrium Apts 
- 1:00 Trip to Village (\*\*\*)** 
- 1:00 Piano Cleveland - Atrium** 
- 2:00 Short Poems - Multi. Rm 
- 3:00 Pet Visit with Quincy in the Atrium** 
- 3:15 Volleyball in the Atrium 
- 3:30 Puzzles & LRC - Atrium 
- 6:00 Tunes with a Twist with Laura Blair - Atrium** 










**Thursday, December 12<sup>th</sup>**

9:00 Daily Chronicle - Atrium   
**9:15 - 9:50 St. Joan of Arc Catholic Communion Service & Rosary - Multipurpose Rm**   
**9:30 Chair Yoga in the Atrium**   
**10:00 Bible Study - Mult. Rm**   
10:00 - 10:30 Bingo - Atrium   
10:30 Stretching in the Clubhouse   
11:00 Name That Tune - Atrium   
**1:00 Ch. Yoga w/Mary Jo - Clb**   
1:00 Hydration St. - Atrium Apts   
**1:45 Trip to Chagrin Falls Historical Society**   
3:30 - 4:00 Ice Cream - Atrium   
3:00 Scrabble - 3<sup>rd</sup> Flr Act. Area   
3:00 Men's Group - Clubhouse   
3:30 Puzz. & Games - Atrium   
**5:30 Movie - "Grumpy Old Men" - Multip. Room** 






**Friday, December 13<sup>th</sup>**

**\$2 Lunch & Birthday Parties**  
9:00 Daily Chronicle - Atrium   
**9:00 Depart for Cleveland Ballet "The Nutcracker" at Connor Palace Theater**   
9:30 Exercise - Atrium   
10:15 Exercise in the Clubhouse   
**10:30 Pet Visit w/Layla - Atrium**  
11:00 Trivia in the Atrium   
**11:30 - 12:15 Two Dollar Lunch & Hills Birthday Party - Clbhs**   
1:00 Hydration St. - Atrium Apts.   
**1:00 Trip to Bainbridge Giant Eagle (\*\*\*)**   
**3:00 Atrium Birthday - Atrium**   
**3 - 4:00 Happy Hr - Clubhouse**   
3:30 Puzzles & Boggle - Atrium   
4:00 YouTube A & E Biography "Liza Minelli" - Multi. Rm   
**7:00 Music with the Western Reserve Chorale - Atrium** 

**Saturday, December 14<sup>th</sup>**

9:00 Daily Chronicle - Atrium   
**9:30 Trip to Chagrin Library**   
9:30 Exercise Video - Atrium   
10:15 Tea & Muffins - Atrium   
**10:30 Pet Visit w/Ivy - Atrium**   
11:00 Hangman - Atrium   
**1:00 - 1:30 Chair Yoga w/Mary Louise Deehr - Multi. Rm**   
**1:30 Caroling with the Valley Lutheran Church Carolers in the Atrium**   
2:00 YouTube Travelogue - Spain - Multi. Rm   
**2:00 Trip to Village (\*\*\*)**   
2:00 Ring Toss - Atrium   
**3:00 - 4:00 Happy Hr - Atrium**   
3:30 Puzzles & Checkers in the Atrium   
**6:00 Saturday Movie - "Destined At Christmas" - Multipurpose Rm** 



**ACTIVITY KEY CODE**  
 = Intellectual Wellness  
 = Social Wellness  
 = Physical Wellness  
 = Spiritual Wellness  
 = Emotional Wellness

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