

Week TWO Life Enrichment Calendar May 2025

#### <u>Thursday, May 8<sup>th</sup></u>

9:00 Daily Chronicle - Atrium 📼 9:15 - 9:50 St. Joan of Arc **Catholic Communion Service** & Rosary - Multipurpose Rm 📥 9:30 Chair Yoga in the Atrium 🎔 10:00 Bible Study - Mult. Rm 10:00 - 10:30 Bingo - Atrium 🛛 📼 10:00 - 11:30 CWRU Class #1 -City in Time & Space - Clbse 🥅 11:00 Name That Tune - Atrium 1:00 Stretching in the Clubhouse 1:00 Hydration St. - Atrium Apts 🔷 2:00 - 2:30 Ice Cream - Mul. Rm 3:00 Women's Group - Clbhse 🔷 3 - 4 Puzz. & Games - Atrium 6:00 Netflix Movie "Queen Bees" 2021/Comedy - Mult. Rm \$3 Lunch & Birthday Parties 9:00 Daily Chronicle - Atrium 9:00 Trip - Cleveland Orch. (\*\*\*) 9:30 Exercise - Atrium 🗡 10:15 Exercise in the Clubhouse 🞔 10:30 Pet Visit w/Layla - Atrium 10:45 Trivia - Atrium 🥅 11:30 - 12:15 Three Dollar Lunch & Hillside Birthday Party - Clbs 🔷 1:00 Hydration St. - Atrium Apts. 1:00 Trip - B. Giant Eagle (\*\*\*) 2:00 Music w/Jerry S. - Atrium 3:00 Happy Hour - Clubhouse 🔶 3:00 Birthday Cake - Atrium 4:00 YouTube A & E Biography "Henry Fonda" - Multi. Rm 🛛 🗩 6:00 Netflix Series "A Man on the Inside" Season 1/ Episodes 3 & 4 - Multi. Rm 🔷

Friday, May 9<sup>th</sup>

## Saturday, May 10th

9:00 Daily Chronicle - Atrium 📨 9:30 Trip to Chagrin Library 🔷 9:30 Exercise Video - Atrium 10:15 Tea & Muffins - Atrium 10:30 Pet visit with Ivy - Atrium 🔷 11:00 Out to lunch to Yours Truly (\*\*\*) 🔷 11:00 Hangman - Atrium 💳 1:00 - 1:30 Chair Yoga w/Mary Louise Deehr - Library 1:00 YouTube Travelogue -Wonders of Alaska - Multi. Rm 📼 2:00 Trip to Village (\*\*\*) 🔷 2:00 Ring Toss - Atrium 🎔 📼 3 - 4:00 Happy Hr - Atrium 🔷 6:00 Prime Video Movie "Father's Little Dividend" Comedy/1951 - Mult. Rm 🔷

# <u>Sunday, May 11<sup>th</sup></u> Mother's Day

9:00 Daily Chronicle - Atrium 9 - 12:00 Lutheran/Federated Services YouTube - Mult. Rm 9:30 Exercise Video - Atrium 🗢 9:30 Transportation to Religious Services (\*\*\*) 10:00 Catholic Service/YouTube in the Atrium 10:45 Studio Art in the Atrium 1:00 - 1:30 Chair Yoga w/Mary Louise Deehr - Library 1:30 Scenic Drive 🔷 1:45 - 2:30 Mother's Day Tea Party w/Scones - Atrium 🔷 2:30 Pet v.w/Clooney - Atrium 3:00 - 3:30 Bingo - Library 🥅 3:00 Mother 's Day DVD Movie - Mamma Mia -Multi. Rm 🔷

#### Monday, May 12th

9:00 Daily Chronicle - Atrium 📼 9:30 Exercise - Atrium 10:00 Walking Club - Atrium 10:00 - 12:00 Journal Class # 2 w/Jenny Clark - Multi. Rm 🛛 🚍 10:15 Exercise - Clubhouse 🎔 10:30 Music Trivia - Atrium 1:00 Trip to Village (\*\*\*) 🔷 1:00 Hydration St. - Atrium Apts 🔷 2:00 Mahjong - Atrium Library 🔷 2:00 Ice Cream Cones in the Atrium  $\bigcirc$ 2:45 Cleveland Sports Talk in the Atrium 👝 3:00 Wine Tasting with Yolanda - Clubhouse 3:15 Volleyball in the Atrium 5:30 Local TV News - Atrium 6 - 7:00 Game Night - Atrium 🛛

Tuesday, May 13<sup>th</sup> 9:00 Daily Chronicle - Atrium 9:00 Trip to Museum of American Porcelain Art (\*\*\*) 🔷 9:30 Stretching - Atrium 10 - 10:30 Quarter Bingo -Library 🗩 10:30 Stretching - Clubhouse 11:00 Top Songs 1951 - Library 🔷 1:00 Hydration St. - Atrium Apts 🔷 1:00 Tai Chi with Legacy Therapy - Clubhouse 🎔 2:00 Through the Eyes of the Artist w/Felicia "Pierre Auguste Renoir" - Clbse 📼 2:00 Bridge - 3<sup>rd</sup> Flr Act. Area 💳 2:00 Remember When - Atrium 3:00 - 4:00 Happy Hr - Atrium 🔷 6:00 Brain Games - Atrium 📼

Wednesday, May 14<sup>th</sup> **Golden Girls Theme Dinner** 9:00 Daily Chronicle - Atrium 📼 9:30 Exercise - Atrium 🔶 10:00 Walking Club - Atrium 🞔 10:15 Exercise - Clubhouse 🞔 10:30 Crafts - Atrium 🥅 1:00 Hamlet Players Rehearsal - Multi, Rm 🔷 1:00 Knitting Together - Atrium 💛 1:00 Hydration St.- Atrium Apts 🔷 1:00 Trip to Village (\*\*\*) 🔷 1:00 Music with OPUS 216 in the Atrium (\*\*\*) 🔷 2:00 Trivia - Atrium 📼 3:00 - 4:00 Golden Girls Happy Hour - Atrium 🔷 4:30 Golden Girls Theme Dinner - Atrium 🔷

(\*\*\*) Call Phil at 330-998-1417 for a seat 48 hours in advance



### ACTIVITY KEY CODE

- = Intellectual Wellness
  = Social Wellness
  = Physical Wellness
  = Spiritual Wellness
  - = Emotional Wellness